

Nutrition & Food Groups

Find all 20 hidden nutrition & food groups.

Difficulty **Hard** ■■■■■

Estimated time 🕒 17-33 min

Recommended age Adults & teens

Built for experienced solvers.

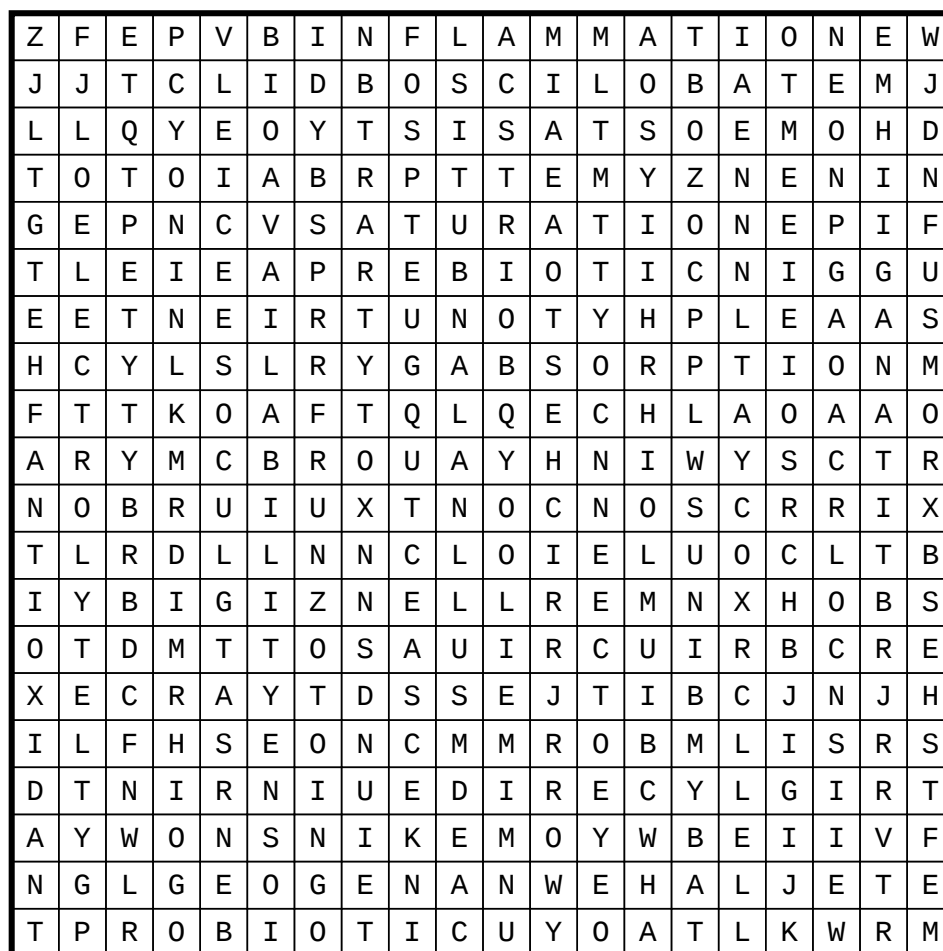
Puzzle ID NFG-H-027 Version 2026.3

Name _____

Date _____

Completed in _____

Every Modern Word Search puzzle follows a published design specification and is individually reviewed before publication.



WORD LIST

ABSORPTION

ANTIOXIDANT

BIOAVAILABILITY

CHOLESTEROL

ELECTROLYTE

ENZYME

GLUCOSE

GLYCEMIC

HOMEOSTASIS

INFLAMMATION

INSULIN

LIPID

MACRONUTRIENT

METABOLIC

MICRONUTRIENT

PHYTONUTRIENT

PREBIOTIC

PROBIOTIC

SATURATION

TRIGLYCERIDE